

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Sutton Mencap	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Sutton	
Contact person: Mr David Hobday	Position: Director
Website: http://www.suttonmencap.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1080514
When was your organisation established? 28/01/2000	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. To establish a range of local, inclusive community-based activities for the benefit of young adults with a learning disability and other local people.
When will the funding be required? 01/04/2015
How much funding are you requesting? Year 1: £33,010 Year 2: £32,846 Year 3: £33,186 Total: £99,042

Aims of your organisation:

Sutton Mencap's vision is that adults and children with a learning disability should be able to lead fulfilling lives and achieve their aspirations and potential. To achieve this we work to:

- Reduce isolation and develop networks.
- Improve life skills, promote independence and enable choice and control.
- Support parents and carers.
- Raise awareness of needs and promote inclusion.

Main activities of your organisation:

We provide a wide range of services to people with a learning disability in the London Borough of Sutton, as well as their families and carers. These services are typically group-based, aimed at tackling social isolation and helping people develop skills and have fun, whilst at the same time providing parents and carers with a much needed break from their caring responsibilities. Our services include:

- After school, Saturday and holiday schemes for children and young people.
- A community day activities service, which enables adults with a learning disability to meet and organise activities together using their direct payments.
- Connect 2 friendship project which supports adults to set up small, independent friendship groups.
- A programme of leisure groups for adults including dance, drama, cooking, healthy living, discos, sporting activities or just socialising. We also provide weekend breaks for adults.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	60	10	6

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	8 years

Summary of grant request

Our project aims to address issues of social isolation amongst people with a learning disability through developing local integrated community activities. Our aim is to work with people to help build their social skills and confidence and develop stronger networks within their local community.

The Social Care Institute for Excellence states that "Social isolation and loneliness impact upon individuals' quality of life and wellbeing, adversely affecting health and increasing their use of health and social care services." Our project will focus specifically on younger adults, not in work, who as children would have had a statement of special educational needs but who are below the thresholds for support from adult social services. This group of people is particularly vulnerable to social isolation through no longer having school or college to provide structured opportunities for social contact.

Our project will be developed from an existing service which has helped people with a learning disability develop small scale, independent friendship groups. We will:

- Recruit 40 younger adults per year to the project.
- Work with them to identify their interests and develop a programme of support aimed at enabling their participation in community activities.
- Work with other community organisations e.g. Age UK Sutton, who will identify clients in the local area with similar interests, so that we can set up integrated activities, based primarily around arts, sports and learning.
- Set up 8 or more community activities per year based in local community venues, including cafes, libraries, community centres and sports clubs. We will work with local venues to promote greater inclusion for people with a learning disability.
- Work with participants to get the activities off the ground, then withdraw once the group can sustain the activities for themselves.
- Link participants into other support services that can benefit them, in particular local employment services.

A key focus of the project will be to develop activities close to people's homes. This reduces some of the barriers to participation, such as the need for travel training, and strengthens local community links.

Our goals for this project are as follows:

- Young adults with a learning disability have increased capacity to participate in community life, through improved social skills and greater confidence.
- Participants develop new relationships and friendships.
- Participants are linked into local services that can help them, including employment support.

We believe we are the right organisation to deliver this work. Sutton Mencap has a long track record of developing and delivering high quality services in response to needs and have successfully delivered a 3 year Friendship Project, which has supported over 120 people to set up small scale independent, shared-interest friendship groups.

The project will support the aims of making London more inclusive by working with young adults with a learning disability to take part in community life alongside other people in their local area. In particular the project will support disabled people to be more involved in arts and sports activities and to live more independently.

We believe this project meets the principles of good practice. The steering group for our existing friendship project, made up of people with a learning disability has helped us develop this new project, and will continue to support us throughout the project. Furthermore, the activities that take place will be determined by the project participants and once established will be maintained by participants in the local community acting in a voluntary capacity to support each other. The project will also focus on local delivery, primarily accessed by people on foot, which will reduce its carbon footprint.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We are currently undertaking PQASSO level 2 with the aim of successful completion by March 2015.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruit 40 younger adults with a learning disability per year through our own client contacts, the local NEETs service, local colleges and schools, Sutton Parents Forum and other voluntary and community groups.

Develop 8 or more locally based activities for young adults to participate in alongside others in the community.

Work with local community venues to promote inclusion for adults with a learning disability.

Work with other community organisations to identify and develop joint activities which will benefit a range of local people vulnerable to social isolation.

Support project participants to develop links with local supported employment services.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Participants report an increased sense of confidence in accessing community venues and activity groups.

Participants report that their networks and friendships have increased and that they feel more involved in their local community.

An increase in the number and range of activities taking place in local communities, and the venues being used for those activities, for the benefit of future participants and the wider community.

Project participants report stronger links with other support agencies, e.g. employment support services

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This project aims to promote independence amongst clients so that they won't require ongoing support from the project. If there is ongoing demand for the project from new clients we will seek funding to continue the project from other charitable sources, or if possible through future local authority contracts.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Sutton (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager - 3 days per week (inc NI and pension)	19,929	20,140	20,352	60,421
Staff travel	300	303	306	909
Portable ICT equipment (laptop/ tablet)	500	0	0	500
Activites budget (initial set up costs)	2,000	2,020	2,040	6,060
Accomodation costs (rent, utilities, maintenance)	2,758	2,786	2,813	8,357
Administration costs (publicity, print, stationery, telephone, computer)	2,551	2,576	2,602	7,729
Management - 1/2 day per week	4,972	5,022	5,072	15,066
	0	0	0	0
TOTAL:	33,010	32,846	33,186	99,042

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Esmee Fairbairn	33,010	32,846	33,186	99,042
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager - 3 days per week (inc NI and pension)	19,929	20,140	20,352	60,421
Staff travel	300	303	306	909
Portable ICT equipment (laptop/ tablet)	500	0	0	500
Activites budget (initial set up costs)	2,000	2,020	2,040	6,060
Accomodation costs (rent, utilities, maintenance)	2,758	2,786	2,813	8,357
Administration costs (publicity, print, stationery, telephone, computer)	2,551	2,576	2,602	7,729
Management - 1/2 day per week	4,972	5,022	5,072	15,066
	0	0	0	0
	0	0	0	0
TOTAL:	33,010	32,846	33,186	99,042

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year: 2014
-----------------------	--------	----------------------

Income received from:	£
Voluntary income	21,507
Activities for generating funds	34,161
Investment income	5,853
Income from charitable activities	483,846
Other sources	0
Total Income:	545,367

Expenditure:	£
Charitable activities	514,584
Governance costs	8,073
Cost of generating funds	15,831
Other	0
Total Expenditure:	538,488
Net (deficit)/surplus:	6,879
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	6,879

Asset position at year end	£
Fixed assets	58,163
Investments	135,000
Net current assets	104,204
Long-term liabilities	49,229
*Total Assets (A):	248,138

Reserves at year end	£
Restricted funds	107,958
Endowment Funds	0
Unrestricted funds	140,180
*Total Reserves (B):	248,138

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	333,812	257,334	268,662
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	0	38,090	36,507
Sutton Community Fund	0	8,240	808
BBC Children in Need	0	4,073	4,176
Lloyds TSB	6,980	3,540	0
Zurich Community Trust	5,500	3,583	3,292

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **David William Hobday**

Role within **Director**
Organisation: